



Senior School Lunch Menu

w/c 29 April 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE ONE	Butchers style sausages with red onion gravy	Chilli con carne with tortilla chips, soured cream & grated cheese	Roast chicken with stuffing & gravy	BBQ pork & peppers	Beef burger in a bap with optional cheese
MAIN COURSE TWO	Vegetarian cottage pie	Cajun Quorn & bean burritos with salsa	Squash filo spiral with whipped feta	Gnocchi pomodoro	Veggie burger
ON THE SIDE	Roast mini potatoes Seasonal greens, steamed carrots	Steamed rice Mexican sweetcorn & seasonal greens	Roast potatoes Carrots, cabbage & roasted parsnips	Diced potatoes Broccoli & roasted vegetables	Skinny fries Seasonal salad, tomato salsa, sweetcorn rounds & baked beans
SNACK, PASTA & JACKETS BAR	BBQ beans on toast	BLT sandwich	Pizza pitta bread	Chicken Caesar wrap	Sundried tomato & feta turnovers
	Pasta with sauces & toppings	Jacket potato with baked beans and grated cheese Pasta with sauces & toppings	Pasta with sauces & toppings	Jacket potato with baked beans & cheddar cheese Pasta with sauces & toppings	Pasta with sauces & toppings
DESSERT	Dairy free brownies	Wholemeal scones with fruit	Raspberry oat slice	Date & sultana pudding with custard	Salted caramel finger
HYDRATION STATION	Still water	Still water	Still water	Still water	Still water
FRESH FRUIT	Fresh fruit selection Natural yogurt with toppings	Fresh fruit selection Natural yogurt with toppings	Fresh fruit selection Natural yogurt with toppings	Fresh fruit selection Natural yogurt with toppings	Fresh fruit selection Natural yogurt with toppings