



Lower School Lunch Menu



| w/c 29.04.24 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------------|---|---|---|---|--|
| MAIN COURSE ONE | Butchers style sausages with gravy | Chilli con carne with tortilla chips & soured cream | Roast chicken with stuffing & gravy | BB pork with peppers | Beef burger in a bun with optional cheese |
| MAIN COURSE TWO | Veggie cottage pie | Quorn & bean burritos | Roast Quorn fillet | Gnocchi & tomato bake | Veggie burger |
| CRUDITES | Seasonal crudities | Seasonal Crudities | Seasonal Crudities | Seasonal Crudities | Seasonal Crudities |
| ON THE SIDE | Roast mini potatoes Greens & carrots | Steamed rice Mexican sweetcorn & peas | Roast potatoes Carrots & cabbage | Diced potatoes Broccoli & roasted vegetables | Oven chips Peas & baked beans |
| PASTA & JACKETS BAR | Pasta with a tomato sauce | Baked beans & cheddar cheese jacket potatoes | Pasta with a tomato sauce | Baked beans & cheddar cheese jacket potatoes | Pasta with a tomato sauce |
| DESSERT | Dairy free brownies | Wholemeal scones with fruit | Raspberry oat slice | Date & sultana pudding with custard | Natural yogurt with fruit & toppings Jelly pots |
| HYDRATION STATION | Still water | Still water | Still water | Still water | Still water |
| FRESH FRUIT | Fresh fruit Selection & yogurt with toppings | Fresh fruit Selection & yogurt with toppings | Fresh fruit Selection & yogurt with toppings | Fresh fruit Selection & yogurt with toppings | Fresh fruit Selection |

