

WEEKLY MENU

Lower school
w/c 25.11.24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chilli con carne with nachos	Hunters chicken	Roast pork loin with gravy	Chinese chicken	Breaded MSC haddock fillet with lemon wedges
MEAT FREE	Mixed bean enchiladas	Vegetable pasta bake	Roasted Quorn fillets	Vegetable chow mein	Topped potato skins
ON THE SIDE	Steamed rice Sweetcorn & green beans	Diced potatoes Mixed vegetables & cabbage	Roast potatoes Carrots & broccoli	Egg noodles Vegetable stir fry & broccoli	Oven chips, British peas & baked beans
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides
DESSERT	Apple oat crumble with vanilla custard	Victoria sandwich	Oat cookies	Banana muffin	Fruity crisp
EVERY DAY	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection

WEEKLY MENU

Lower School
w/c 02.12.24

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Creamy chicken curry	Butchers pork sausages with gravy	No meat day Baked macaroni cheese with optional garlic bread	Diced pork with a sweet & sour sauce	Cajun chicken wraps
MEAT FREE	Chickpea & spinach curry	Quorn sausages	Cheese & red onion quiche	Lentil & mushroom bolognaise	Sweet potato falafel
ON THE SIDE	Steamed rice, cucumber salad & green beans	Mashed potatoes Broccoli & carrots	Vegetable medley British peas	Egg noodles Sweetcorn & Chinese cabbage	Oven chips, shredded salad & green beans
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides
DESSERT	Dairy free raspberry brownie	Wholemeal shortbread	Pineapple upside down	Golden oat flapjack	School days sprinkle sponge
EVERY DAY	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection

LUNCH LUNCH LUNCH LUNCH

WEEKLY MENU

Lower School w/c 09.12.24	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Tandoori chicken	Christmas Dinner Roast turkey with all the trimmings	Italian style meatballs with optional garlic bread	Minced beef lasagne with optional garlic bread	Butchers sausages
MEAT FREE	Veggie curry	Roasted Quorn fillet	Baked mushrooms	Super vegetable pasta bake	Quorn sausages
ON THE SIDE	Steamed rice, cauliflower & British peas	Roast potatoes & parsnips Carrots, cabbage & broccoli	Spaghetti Seasonal salad & sweetcorn	Diced potatoes carrots & Salad	Oven chips, British peas & baked beans
CRUDITIES	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities	Seasonal crudities
PASTA/JACKET BAR	Pasta with sauces & sides		Pasta with sauces & sides	Jacket potatoes with baked beans	Pasta with sauces & sides
DESSERT	Lemon sponge with lemon sauce	Festive rocky road	Autumn tray bake	Pop corn cookies	Blueberry muffin
EVERY DAY	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection	Natural yogurt with toppings Fresh fruit selection

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